

# Talk Shit, Tell Truth™ — Rules & Regulations

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## Purpose

To train clear thinking, eliminate bullshit, and sharpen argumentation without cruelty.

## The Rules

### RULE 1 — Slow the fuck down.

If you can't say it clearly, you don't understand it.  
Speed is where sloppy thinking hides.

### RULE 2 — What the fuck am I actually trying to say?

No metaphors.  
No spirals.  
No emotional smoke.  
Say the thing.

### RULE 3 — Don't be an asshole.

Asshole Indicators:

- Volume instead of logic
- Mocking instead of reasoning
- Talking *at* someone instead of *with* them

Violation = instant disqualification.

### RULE 4 — Fallacies are banned.

Commit one → you lose.

A short list:

- Ad hominem
- Strawman
- Slippery slope
- Circular reasoning
- Red herring
- False equivalence

These are tools of the weak thinker.

**RULE 5 — You win by being structurally correct, not emotionally loud.**

Your ego isn't recognized here, only your logical argument.

## Format

(Arena vs. Lurker)

### **\$50 — Arena**

You debate live.

You bring a position.

You defend it under RSA rules.

### **\$25 — Lurker**

You watch, learn, take notes, improve your argumentation.

# Winning Argument Example (Short)

**Claim:**

“With enough pressure, every system reveals whether it was built for stability or extraction.”

**Support:**

- Extraction systems collapse when conditions shift
- Regenerative systems adapt and hold integrity
- You can map this across institutions, families, and economies

**Conclusion:**

Therefore, if you want longevity, build for regeneration, not compliance.

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Simple, not easy. Clear. Linear. Structural. A winning argument.